## **Prayer – Help to Listen and Live**

Lord, in a culture of texting, noise, breaking news and multitasking; Help us to stop, be silent, and listen to your voice.

(pause for silence)

When the world tempts us to be apathetic and compromise our integrity;
Help us to live right, whole and truthful lives.

(pause for silence)

Lord, may your spirit spring up in us and may we run ahead of you, Proclaiming your good news! Amen.

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