

## Visio Divina - Heidi's Iris

Isaiah 35:2

My youngest sister died at the age of 33 from cancer. Irises were her favorite flower and I like to think of her as "blossoming abundantly and rejoicing" in heaven.

Linda Thiessen-Belch invites us to 'see with our own heart' using the practice of Visio Divina, a personal reflective exercise with image and scripture. You may use these photos and biblical selections as your devotional guide, as an encouragement note for a friend, or as an example of a practice you might engage with your own camera and Bible. With the image, or with a camera, come with your eyes and heart open. Rest. Explore. Perceive. Let creation and scripture encourage, inform, surprise, and inspire you.

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